

Discussion Guide

Anyone who suffers from laryngopharyngeal reflux or (LPR) may want to talk to their doctor about the REZA BAND® UES Assist Device.

- The REZA BAND is a non-medication, non-surgical medical device designed to reduce symptoms of laryngopharyngeal reflux (LPR) by stopping regurgitation of stomach contents through the upper esophageal sphincter (UES). The device is worn while sleeping.
- By adding a small amount of pressure to the UES, the clinically-proven REZA BAND reduces challenging LPR symptoms such as chronic throat irritation and cough, hoarse voice, difficulty swallowing, and post nasal drip with few mild and short side effects.
- Patients who suffer from LPR symptoms due to acid reflux into the throat and lungs may now find relief with this novel new medical device.
- See the Instructions for Use for full prescribing, safety and effectiveness information at www.rezaband.com/instructions.

The questions below are based upon the Acid Reflux Symptom Index (RSI),¹ a commonly-used, validated questionnaire designed to document acid reflux disease symptoms and severity. A total score of more than 13 is considered a positive diagnosis of acid reflux in the throat and lungs.

ARE YOU AFFECTED BY THESE PROBLEMS?

If so, rate them from 0 (No problem) to 5 (Severe problem).

Hoarseness or a problem with your voice	0	1	2	3	4	5
Clearing your throat	0	1	2	3	4	5
Excess throat mucous or postnasal drip	0	1	2	3	4	5
Difficulty swallowing food, liquids, or pills	0	1	2	3	4	5
Coughing after eating or after lying down	0	1	2	3	4	5
Breathing difficulties	0	1	2	3	4	5
Troublesome or annoying cough	0	1	2	3	4	5
Sensations of something sticking in your throat or a lump in your throat	0	1	2	3	4	5
Heartburn, chest pain, indigestion, or stomach acid coming up	0	1	2	3	4	5

Total _____

Patients: Print this Discussion Guide, rate your symptoms, and share the results with your doctor. The REZA BAND may help you enjoy better symptom relief.

Healthcare Providers: Call 1-262-345-5553 or visit www.rezaband.com for more information.

¹ Belafsky PC, Postma GN, Koufman J. Validity and reliability of the reflux symptom index (RSI). J Voice. 2002 Jun;16(2):274-7.